



VETERINARY HOSPITAL & HOTEL

9151 Ustick Road · Boise, ID 83704 · (208) 327-7706 · Fax (208) 327-0676 · www.catdr.com

Grain free (low carbohydrate/high protein) Food Data Sheet

What should your cat eat for optimal health? The *more moisture your cat receives, the better*. If your cat loves canned food and you don't mind feeding it exclusively, it is currently thought to be the best option as it mimics their moisture requirement. Grain-free canned food is the lowest in carbohydrates. If your cat refuses to eat canned food, the grain free dry foods are still the best option nutritionally. Many cats will accept the dry food with some water added. It is imperative to have fresh water available at all times.

CANNED FOOD*		DRY FOOD	
Brand	kcal	Brand	kcal/cup
AvoDerm	*	Taste of the Wild	390
Before Grain ♦	*	Before Grain	406-409
Best Feline Friend	*	California Natural Herring & Sweet Potato	418
Blue Buffalo Wilderness	*	Natural Balance LID Diets	449-452
California Natural Salmon & Sweet Potato	*	Indigo Moon	450
Evanger's	*	Instinct	474-491
Innova Evo	*	Innova Evo (Weight Management)	481
Instinct	*	Felidae Grain Free	498
Merrick Turducken	*	Innova Evo (Herring/Salmon)	530
Natural Balance LID Diets	*	Wellness Core	536
Newman's Own Grain Free	*	Orijen	540
Pinnacle	*	Pinnacle	562
Wellness Core or Wellness Grain Free	*	Blue Buffalo Wilderness	587
Weruva		Innova Evo (Turkey/Chicken)	602

* Most adult cats need about 200 calories (kcal) per 24 hours as maintenance for ideal weight. All canned foods range from 30-40 kcal per ounce with very little variance between brands. If your cat is eating exclusively canned food (no dry), the ideal amount is equal to one 5.5oz (tuna can size) can per 24-hour period.

♦ Some flavors of Before Grain canned are not balanced for exclusive long-term feeding.

Locations for purchase: (Not all brands available at all stores. Call first for details.)

Boise Area

Boise Co-op
888 W Fort St.
Boise, Id 83702
208-472-4506

Boise Area (con't)

Bark N Purr
618 E. Boise Ave.
Boise, Id 83706
208-345-8886

Nampa/Caldwell

World of Nutrition
314 Caldwell Blvd.
Nampa, Id 83651
208-467-7505

Star

Kringle's Korner
9888 W. State St
Star, Id 83669
208-286-9227

Petco

179 N Milwaukee St.
Boise, Id 83704
208-375-7971

Flynn's Saddle Shop

8633 W. State St.
Boise, Id 83713
208-853-4095

Farm/City Animal Supply

5520 Franklin
Nampa, Id 83687
208-318-0150

Petco

3548 S. Findley Ave
Boise, Id 83705
508-344-1651

Habitat

3082 S. Bowen Way
Boise, Id 83706
208-429-1818

Jackie's Livestock/Pet

21955 Middleton Rd.
Caldwell, Id 83605
208-585-6331

Meridian/Eagle

H3 Pet Foods
1801 W. Cherry Ln.
Meridian, Id 83642
208-898-0008

Regal Beagle

118 E. 35th St.
Boise, Id 83714
208-345-1766

Zamzows

Various locations
throughout the
Treasure Valley

Petco

16434 N. Market Pl.
Nampa, Id 83651
208-467-3249

Northwest Pets

3060 E. State St.
Eagle, Id 83616
208-939-8119

When making a diet change, mix old food with new and gradually transition to new diet to prevent stomach upset.